



**PADI INSTRUCTOR DEVELOPMENT
COURSE**

MOMBASA

Nov 12 – 20 2009

EFR Instructor Course Nov 11 2009

STOP! READ THIS FIRST!

Before you go any further, please read this page. I have listed some ways that will help you to prepare for a successful IDC

1. **Really, really learn your theory** – do **NOT** come to an IDC not knowing how to use your wheel or how to work out tissue half times, as it will just cause you unnecessary stress. A few ways to gain this knowledge are:
 - Study your encyclopaedia and complete your diving knowledge workbook.
 - Use the instructions for use books that come with the RDP wheel and table and do ALL of the sample questions.
 - Complete the extra exams that I have prepared for you. If you look at the IDC schedule you will notice that on several days I have allocated compulsory theory lessons. We will be going over the questions that I have sent you & you are expected to start the IDC with ALL question sheets answered.
2. Work through your Instructor Candidate workbooks as soon as you get them. Make sure that you complete the 16 knowledge reviews well in advance of the IDC, as we will NOT have time to spend waiting for people who have not prepared the assignments in advance.. Complete the Standards and Procedures and theory questions that I have sent in advance as we will go through all of these during the IDC and they must all be answered in advance.
3. CHECK your Instructor manual. Make sure that you are completely up-to-date with all standards. If you are not sure go to the pro section of www.padi.com and update yourself.
4. We will do out paperwork on the first day of the IDC. However, there are some things that we can't manage without and you **MUST, MUST** bring them with you. In my experience huge amounts of valuable time is wasted on IDCs chasing paperwork and this really can be avoided. Please make a real effort to have everything ready. Feel free to tick them off when you have achieved these requirements:
 - 3 X passport photos
 - Credit card details – your own preferably but if you are using someone else's written permission from the credit card owner to use the card to pay for the PADI Instructor Exam and the PADI IDC application.
 - Copies of all your certificates. If your certificates are PADI then you can get the details from the PADI pro website.
 - PADI Medical form signed by a medical doctor stating fit to dive within the last year
 - Photocopies of your last 10 dives in logbook
 - Current CPR & First-Aid certificate (within last 24 months)
 - Full payment for the IDC must be received before the end of the orientation session on day one of the IDC. Please ensure that if you have not paid in advance you bring this payment with you.
5. Practise your skills as often as you can – remember to do them slowly and clearly
6. RELAX.... You will be fine.....

IDC Dates

PADI IDC,

Thursday Nov 12th 2009 – Friday Nov 20th 2009

PADI IE,

Saturday Nov 21st 2009 – Sunday Nov 22nd 2009

PADI EFRI,

Wednesday Nov 11th 2009

PADI MSDT Course

From Tue Nov 24th 2009

COURSE FEES: (Prices are correct at time of writing, but may be updated at any time. Please check www.buccaneerdiving.com for current pricing information.)

IDC PREPARATION COURSE

❖ Two day preparation course Euro 150

GO PRO AI

❖ AI Tuition: Euro 500

❖ AI Registration U.K. £ 36

GO PRO OWSI

❖ OWSI Tuition: Euro 600

❖ IDC Registration U.K. £82

❖ Instructor Exam U.K. £ 335

GO PRO IDC PURE:

❖ IDC Tuition Euro 980

❖ IDC Registration U.K. £ 82

❖ Instructor Exam U.K. £ 335

EFR and Care for Children INSTRUCTOR COURSE

❖ Tuition Euro 250

❖ PADI registration U.K. £ 70.5

PADI MSDT COURSE

❖ 5 Specialty Instructor Courses Euro 450

❖ PADI Registration (5 spec + MSDT) U.K. £ 175

STAFF INSTRUCTOR COURSE:

❖ Tuition Euro 600

❖ PADI Registration U.K. £ 63.5

All packages INCLUDE transfers, taxes, tanks and weights.

PADI IDC prerequisites,

In order to participate in a PADI IDC you must of course meet all the prerequisite requirements:

- Be certified as a PADI Assistant Instructor, PADI Divemaster, or as an instructor with another recreational diver training organization.
- Be at least 18 years old.
- Be fit for diving and submit a medical form signed by a physician within the last 12 months.
- Have been a certified diver for at least six months and logged at least 60 open water dives with experience in night, deep and navigation prior to beginning the Instructor Development Program, and have been a certified diver for at least 6 months and logged at least 100 dives prior to entering the Instructor Examination.
- Submit proof of CPR training within the last 24 months.*
- For those whose CPR / MFA training has lapsed an update is included in the IDC Prep course or one can be arranged prior to or in conjunction with the IDC - check with Bruce to see what can be scheduled for your IDC.

The latest editions of the following PADI materials are required:

- New Instructor Manual ,
- Experience program outlines,
- NEW IDC Candidate Workbook,
- Best of the Undersea Journal,
- Open Water and Confined Water cue cards
- Open Water Training Dive Lesson Preparation Slate
- Confined Water Lesson Preparation Slates
- The Law & the Diving Professional,
- the Business of Diving

**** Highly recommended is the Instructor Crewpack which contains most of the above material in an attractive carrying bag at a reduced price.****

- RDP both table and wheel versions.
- GO Dive (Open Water Course) manual,
- Adventures in Diving (NEW edition),
- Rescue Diver Wanted manual
- Dare to be Challenged Divemaster manual
- Openwater, Rescue and Divemaster quizzes and exams

How to prepare for your IDC

• Use of Required Materials

Make sure you are familiar with all the materials, especially if you never used them as a student. Answer the quick quizzes, student concepts, quick reviews, course Quizzes and Exams etc and make sure that you are comfortable with the style of questions that PADI uses.

Note: Although these materials are available from us, try and get them as early as possible as the more time you have to familiarize yourself with them prior your IDC the better.

If you do not have a NEW Instructor manual make sure that you have and have implemented **all Training Bulletins Updates** up to date.

If you are missing any you can download them from the Members section of <http://www.padi.com/>

Buy your own copy of the Candidate Workbook and read through the pages "How to use this Workbook."

Next go to Section 1 "Independent Learning"

Here you will find the 16 IDC Knowledge Reviews which **MUST BE COMPLETED PRIOR TO THE START OF THE IDC**. At the beginning of each Knowledge Review you will find listed the necessary pre-study reading assignments you need to read before answering the knowledge review.

These assignments can be found in: The Best of the Undersea Journal, your Instructor manual, IDC Candidate Workbook, The Law & the Diving Professional and the Business of Diving.

Remember these **MUST** be completed **BEFORE** the start of the IDC.

During the Prep Extra your Course Director or IDC Staff member will lead you through all the reading assignments helping you understand and become familiar with PADI standards, PADI educational philosophies, provide some training suggestions and other background information necessary to complete your IDC program.

- **Dive Theory**

On which PADI course is Instructor Level Dive Theory taught?

Answer: The IDC – **WRONG ANSWER**.

On which PADI course is Instructor Level Dive Theory taught?

Answer: The PADI Divemaster Course – **CORRECT ANSWER**.

Please make sure that you are confident with your level of dive theory knowledge **BEFORE** the IDC. The best way to do this to buy a copy of The Encyclopaedia of Recreational Diving and Diving Knowledge Workbook (The CD-Rom Encyclomedia includes both) and work your way through it along with the Divemaster exams. You will have ample to keep you busy during the IDC without having to worry about dive theory questions such as "what are partial pressures" or "how do I find minimum surface intervals with the RDP Wheel?"

You know when you have mastered it when you can not only arrive at the correct answer - but also explain **WHY** each of the other answers is wrong!

During the IE exams are available in over 20 languages. Should the exam not be available in your native language you will be credited with extra time.

Please note that exams other than English need to be ordered from PADI well in advance of the IE, so please let us know as early as possible.

- **Practical training**

Go Dive as much as possible – nothing replaces real life experience.

Assist your PADI instructor as often as possible.

Practice all your skills – especially the 20 skills of the PADI skill circuit.

Concentrate especially on your buoyancy skills: hovering and fin pivots, out of air skills: Buddy Breathing and Alternate Air Source both stationary and swimming, the controlled emergency swimming ascent (CESA) and your removal skills: scuba unit and weight belt - both at the surface and underwater.

Remember although an Open Water Diver can "do the skill", this is usually a long way off from the "demonstration quality" expected of an Instructor. You can always review the skills on the PADI Open Water video or CD-Rom.

When was the last time you DEMONSTRATED any of these?

If you won't have time to practice these consider joining the IDC Prep Course as it's a relaxed way to get some guided practice before the IDC itself starts.

If possible get a PADI instructor to watch you perform Rescue Diver Exercise #7: "Unconscious Diver on the surface." You can review an excellent demonstration of this on The PADI Rescue Diver video.

Again a demonstration and workshop of Rescue Diver Exercise #7 is included in the IDC Prep course.

Check all your dive equipment and make sure everything is serviced, up to date and ready for action. Lastly relax

Remember the more prepared you are the less of a workload you will have during the IDC, leading to a more relaxed and enjoyable IDC!

PADI IDC Preparation Course (2 days)

This relaxed two-day program is designed to help candidates who feel they need to refresh their diving skills and dive theory prior to the IDC. The Prep course consists of both Confined Water and classroom sessions during which we will review the 20 skills of the PADI skill circuit, focusing on your demonstration abilities. We will also run a Rescue Workshop where we can make sure you are familiar and comfortable with the PADI Rescue Diver Course Exercise #7: Unconscious Diver at the Surface.

We will review in detail the 5 topics that make up the dive theory Exams: Physics, Physiology, The Recreational Dive Planner, Equipment and General Skills & The Diving Environment.

For those lacking current PADI EFR status (within the past 24 months) a EFR Update is available as part of the Prep. This two-hour add-on focuses on the 10 skills that make up Primary Assessment and Secondary Assessment - Inquiry and Illness assessment.

The cost of EFR re-certification with PADI is £14.

The IDC Prep is a great way to ease yourself into "IDC learning mode", familiarize yourself with the facilities, meet and get to know your fellow candidates, Course Director and the IDC Staff.

A complete library of PADI training materials: manuals, videos, reference texts - INCLUDING ALL PADI MULTIMEDIA PRODUCTS - is available for review and reference throughout the Prep and IDC.

The PADI IDC (8 Days)

The IDC begins with independent self-study and encompasses two PADI programs: **The Assistant Instructor Course (AI)** and **The Open Water Scuba Instructor Course (OWSI)**. Together these two programs make up the full IDC.

This 8-day program is designed to develop your teaching skills and expand your knowledge and understanding of The PADI System of Diver Education. After all what makes a teacher a successful professional is not what he knows, but rather what his students know after he has

finished teaching them.

During the IDC you will learn how to successfully transfer knowledge and skills to others. Furthermore you will develop a clear understanding of The PADI Philosophy of Continuing Education and the full range of PADI programs and teaching materials that are available to you as a PADI Instructor.

The focus of these programs is on development, in other words learning by making mistakes and being corrected - **so feel free to make as many mistakes as you like**

In fact, we learn best by making mistakes, then receiving the necessary feedback we need to improve.

The programs are performance based and candidate centred, thus you will receive feedback throughout the course informing you of your progress and level of proficiency.

The Assistant Instructor Course: (4 days)

Assistant Instructor (AI) Candidates joining our IDC attend the first 4 days of the IDC. The course introduces candidates to learning, instruction and the PADI system of diver education and focuses on the new programs they will be able to teach as Assistant Instructors, such as Discover Scuba, the Project Aware Specialty and the Peak Performance Buoyancy Specialty. Candidates will also learn how to give successful Microteaching Knowledge Development presentations, Confined Water presentations and Open Water presentations.

The Open Water Scuba Instructor Course: (4 days)

This takes the AI, Instructor with another training organization or person attending a whole IDC program the next step in their PADI Instructor Development. During the OWSI course you will learn more about PADI Standards and the role of media and prescriptive teaching. There will be an in-depth look at the courses which make up the PADI system and how to teach them: Discover Scuba Diving, Scuba Diver, Specialty Diver, Adventure Diver, Advanced Open Water, Rescue Diver, Divemaster and the various diver retention programs as well as important information on teaching children, legal responsibility and risk management and some business principles for you - the dive instructor.

Performance requirements in the IDC

1. You must complete the independent study Knowledge Reviews in your Instructor Candidate Workbook prior to the course. Doing so provides you with background information and an overview of basic standards. This information is necessary for you to progress through the course.
2. During the course, you'll attend twenty curriculum presentations. You'll also give at least four confined water teaching presentations; four knowledge development presentations and two open water teaching presentation integrating two skills each.
3. The staff will evaluate your teaching presentations and provide suggestions for improvement. Prior to certification as an Assistant Instructor (or being qualified to go on to the OWSI program), you must give at least one presentation with these minimum scores:
 - a) Confined water – 3.4
 - b) Knowledge Development – 3.5
 - c) Open Water – 3.5

4. Prior to AI certification (or going on to the OWSI program) you'll also need to demonstrate mastery by passing a PADI System, Standards and Procedures Exam and demonstrate competency by successfully completing a skill evaluation.
5.
 - a) PADI System, Standards and Procedures Exam – 75 % or higher
 - b) Skill Evaluation – earn 68 points, no individual score below 3.0 on 20 skills
6. Perform a facedown, nonstop swim for 800 metres using a mask, snorkel and fins.
7. Prior to completing the program and being qualified to attend a PADI IE, you'll need to demonstrate knowledge of dive theory by passing a five-part theory exam scoring at least 75 % on each part.
8. Keep in mind that this is a performance based developmental process. You will have several opportunities to reach these levels – you don't have to reach these scores on the first try. The staff will work with you to develop your abilities and provide additional presentation opportunities.

The IOC (Cross Over Course) is now the OWSI Course

The NEW 2001 OWSI course has taken the place of the old IOC.

The NEW OWSI course now allows Instructors already certified with a recreational diving training agency other than PADI to "crossover" to PADI. This is a great way to take advantage of market demands and be able to offer your employers and customers PADI courses and programs.

HOWEVER instructors from other training agencies are invited and encouraged to attend the whole IDC program - at the reduced OWSI cost - including all the benefits offered to regular IDC candidates.

Performance requirements in the IE

After completing all aspects of the IDC or the OWSI program, you are qualified to participate in the PADI Instructor Examination. This two-day program, directly following the IDC, will evaluate you in the areas as outlined below.

If successful in the IE, you will become certified as an Open Water Scuba Instructor.

The PADI Instructor Examination (IE) is conducted by staff members of PADI International, and not by your Course Director. This ensures impartiality and fairness during the testing process. Following your IDC, your immediate goal will be to pass the IE. During the last phase of your OWSI course, Bruce will counsel you individually and give you his recommendation on whether or not you are ready to attend the IE. It is rare when he recommends a candidate does not attend an IE, but the counselling session is designed to help you make an informed and honest decision about your preparedness.

The Examiner's job is to pass the candidate, not to fail the future instructor. The Examiner will do everything possible to make sure that you get through the program successfully. Their function is similar to that of a video camera; they record what you do and give you a black and white score of your performance. Their job is not to teach the candidate anything as Bruce has already taught you much more than what it takes to pass the exam. The exam is really just a formality. The Examiner's job is to double check that all of the information is understood and that the candidates are ready to begin teaching on their own.

The IE consists of four parts. To be certified as a PADI Instructor, candidates must be successful in all four areas. If a candidate is unsuccessful in one or two areas, then that candidate must

attend another IE and complete only that area in which he was unsuccessful. For example, if a candidate was only unsuccessful in the Open Water portion of the exam, then he or she would only redo and pay for that part at a later IE. This saves you both time and money.

The following is an overview of the required passing scores for the IE:

PART 1

Diving Theory--closed-book examinations with passing scores of 75% or higher on the following subjects:

- Physics
- Physiology
- Equipment
- General Skills and Environment
- Recreational Dive Planner
- *Retest... only one allowed; two or more subjects failed or a failure on the retest results in non certification*

PADI Systems, Standards and Procedures--open-book exam; passing score 75% or higher, no retest allowed.

PART 2

Confined Water

- Teach one skill from the Open Water Course to fellow candidates acting as students. Passing score- 3.5 or higher on a scale from 1.0 - 5.0. One make up allowed if unsuccessful on the first attempt.
- Skill Evaluation Circuit: Candidates perform a circuit consisting of five skills from the PADI Open Water Course. Passing score is 17 total points and no skill below 3.0. A make up allowed if only one skill was below 3.0

PART 4

Open Water:

- Teach two skills from the Open Water Course to fellow candidates acting as students. Passing score- an average of 3.5 or higher on a scale from 1.0 - 5.0. Both scores are added together and then divided by two. No retest
- Open Water Rescue Examination: Response, recovery, resuscitation, transport and equipment removal of a diver simulating unconsciousness on the surface in deep water.
- General Diving Skills Evaluation: An evaluation of general diving skills made by the staff during all confined and open water sessions.

Areas of assessment include:

- Attitude: Consistent with professionalism and the educational goals of PADI
- Professionalism, dress, conduct and interaction with staff and candidates.